

# From Alma Ata to Astana what young (and not so young) should know about PHC

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What do you know about Alma Ata  
and Astana?





# Alma Ata Declaration



Dr Halldan Mahler, WHO director-general at the time of the 1978 conference on primary health care, sits at the podium of the Lenin Convention Center with US Senator Edward Kennedy at his side.



The International Conference on Primary Health Care at the Lenin Convention Center in Alma-Ata in September 1978.



Lenin Convention Center in Alma-Ata, where the 1978 International Conference on Primary Health Care took place.



**HEALTH FOR ALL**



# What is the significance of Alma Ata?

- ▶ One of Most Significant landmark events in Modern history
- ▶ Health as a holistic concept
- ▶ Health for All through Primary Health Care



# What is Primary Health Care





# What is Primary Health Care





# Health for All– the principles of PHC

- **H**olistic (Biopsychosocial approach)
- **E**quity & Equality
- **A**ccessibility
- **L**iaison with Community
- **T**eamwork (Multi-disciplinary)
- **H**ealth Promotion
  
- **F**unding & Resources (Affordability)
- **O**ther sectors (Intersectoral collaboration)
- **R**ights (Human Rights) & Responsibilities
  
- **A**ceptability & Appropriateness
- **L**iterature (Evidence-Based Practice)
- **L**evels of Care & Referral

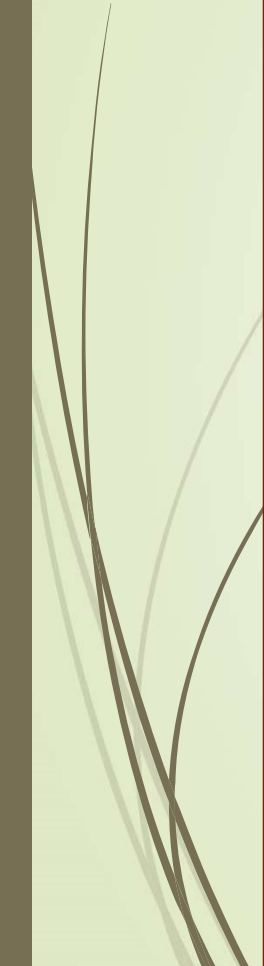
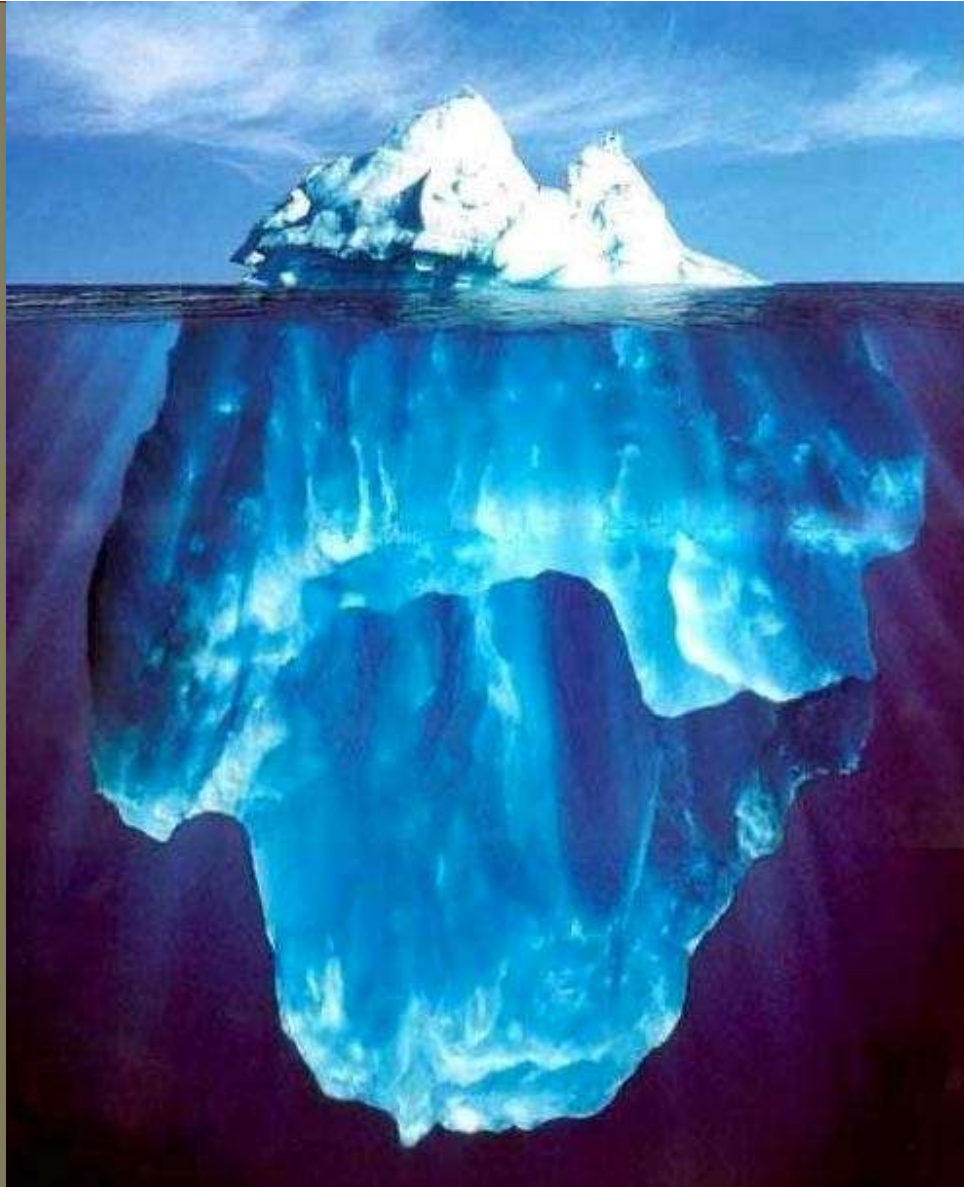
Including **YOU!**

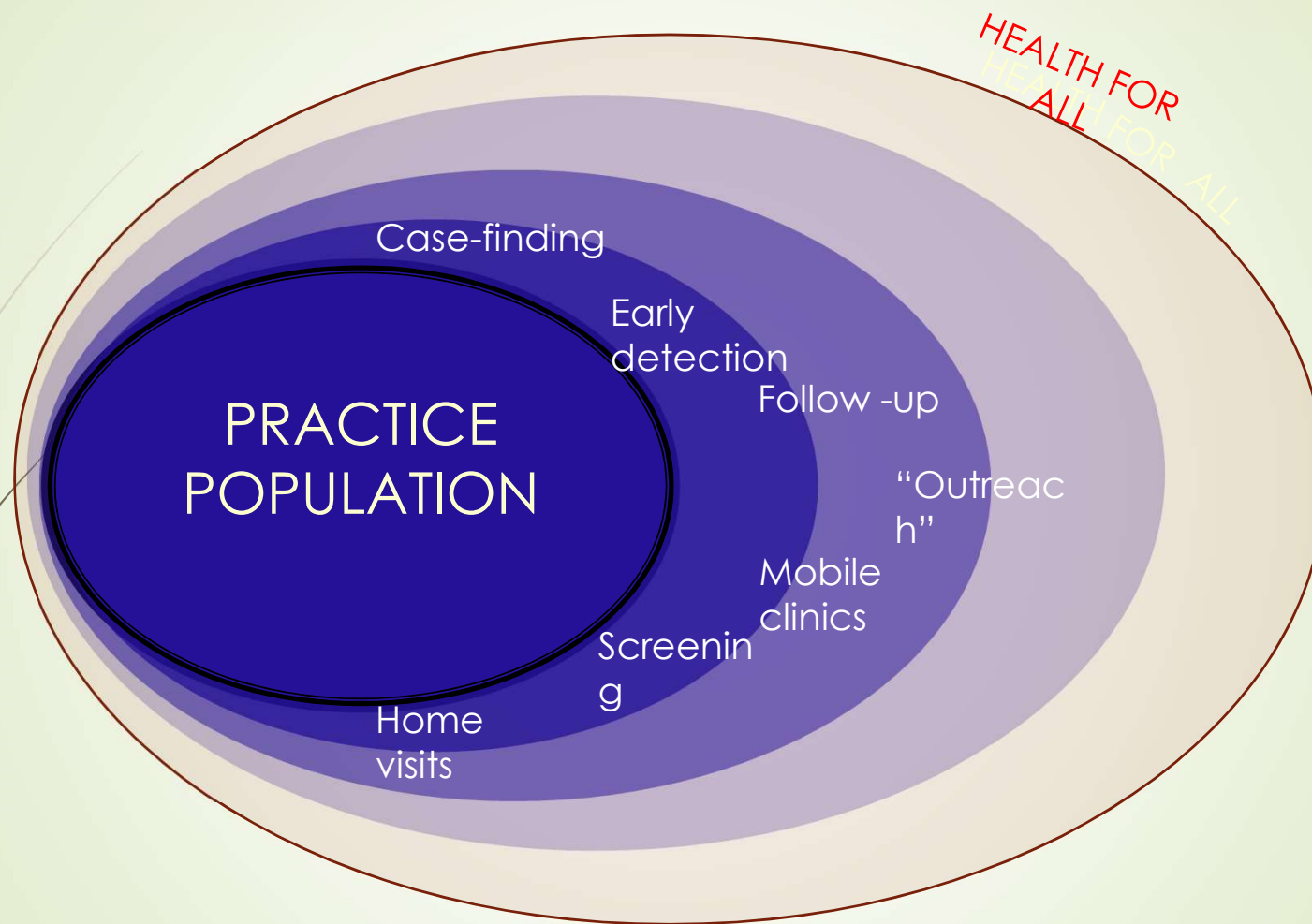
# Health for All– the principles

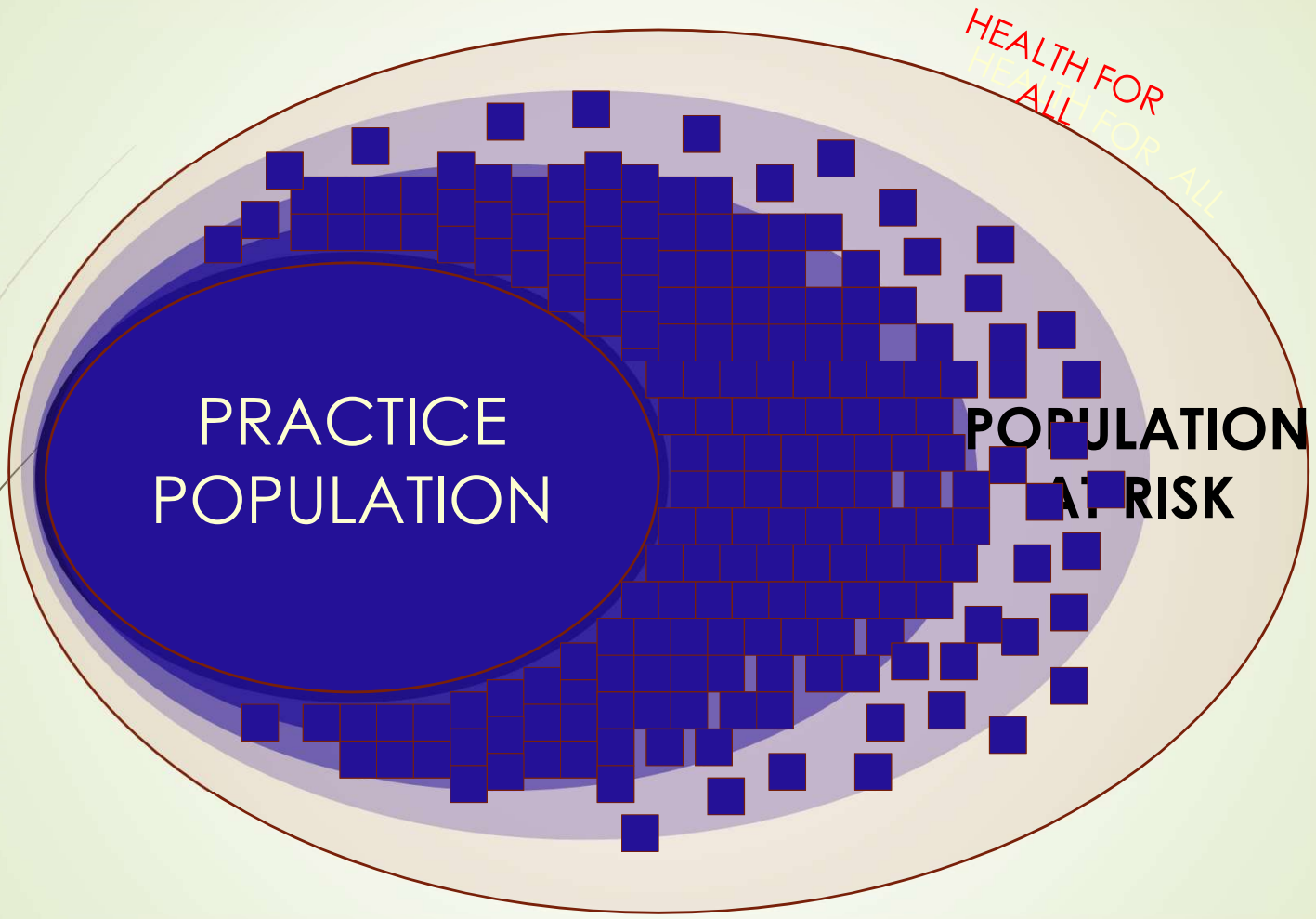
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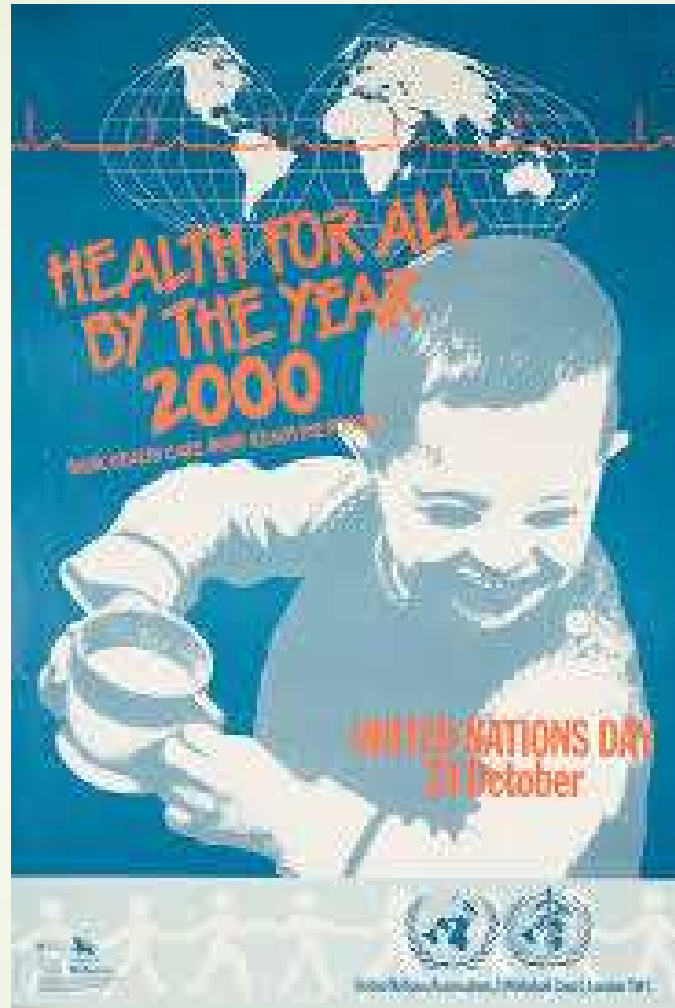




PRACTICE  
POPULATION

POPULATION  
AT RISK

HEALTH FOR  
ALL FOR ALL



# Challenges

- Selective PHC
- Gobiff
- Millennium Development Goals
- Sustainable Development Goals

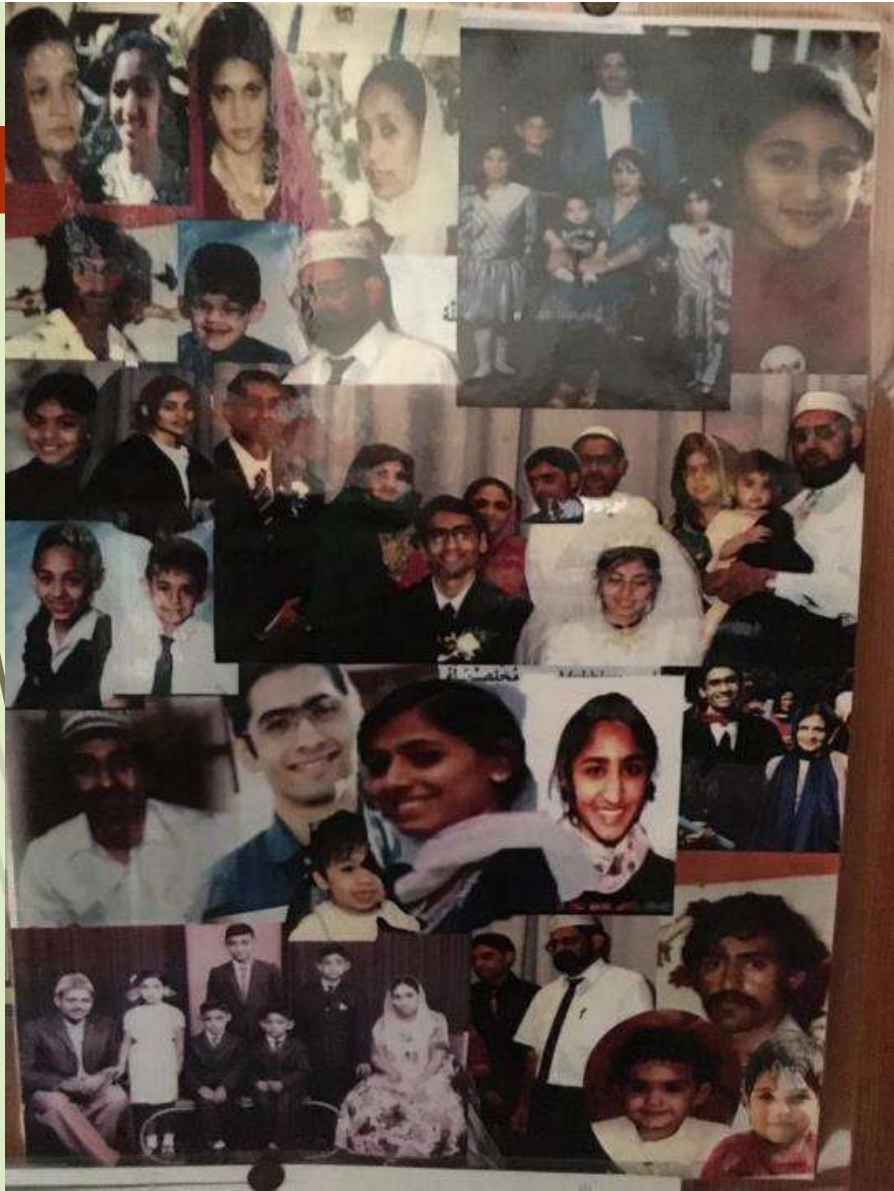


## *Child Survival Strategy- GOBI-FFF*

- G-** Growth Monitoring
- O-** Oral Rehydration Therapy
- B-** Breast Feeding
- I-** Immunization
- F-** Food Supplement
- F-** Family Planning
- F-** Female Education









# Journey to Astana

- ▶ Started April 2018 – call for commentary on new draft declaration
  - ▶ Exciting – People prioritizing PHC
  - ▶ PHC confused with Primary Level Care
  - ▶ Health Promotion not mentioned in document
  - ▶ Other Gaps – discussed later
  - ▶ Our response – individual submissions; Lobby ministerial governments
- ▶ Second draft July 2018
  - ▶ Health Promotion now in!
  - ▶ PHC still not clearly defined
  - ▶ Still other gaps











**T O R E G E L D Y  
S H A R M A N O V**

THE DECLARATION  
OF ALMA-ATA IN THE  
CONTEXT OF THE  
NEW MILLENNIUM

Dedicated to the 40th anniversary of the  
Declaration of Alma-Ata and the right to health for all



# A Comparative analysis of Alma Ata and Astana

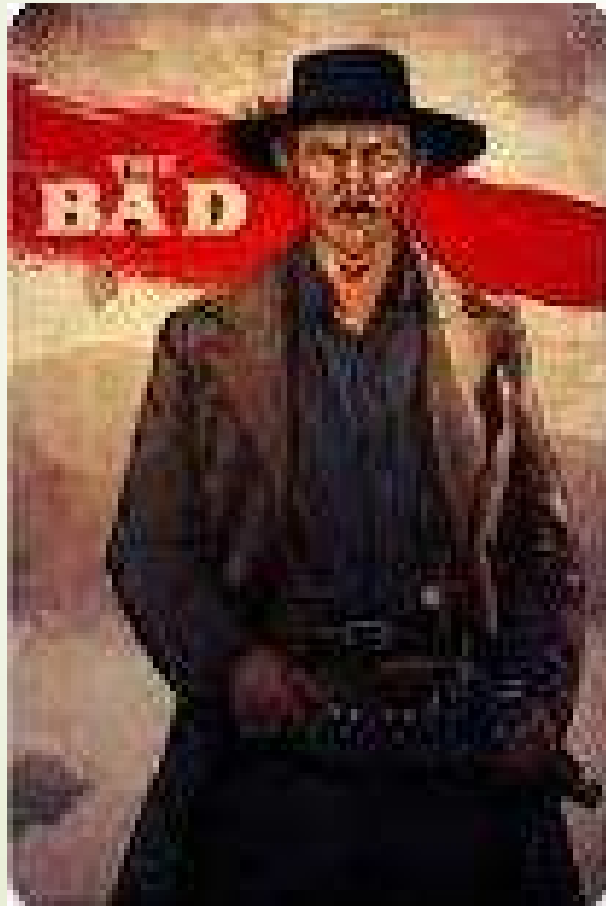


## Astana - Things to celebrate



- Reaffirmation of PHC
- Lots of overlap with Alma Ata
- Certain Concepts have been advanced eg Climate Change, antimicrobial resistance
- “.....Prioritize disease prevention and health promotion and will aim to meet all people’s health needs across the life course through comprehensive preventive, promotive, curative, rehabilitative services and palliative care.”

## Astana – Things to reflect upon



- ▶ Universal health care very important – but part appears almost the PHC subdued within UHC



**H**olistic (Biopsychosocial approach)

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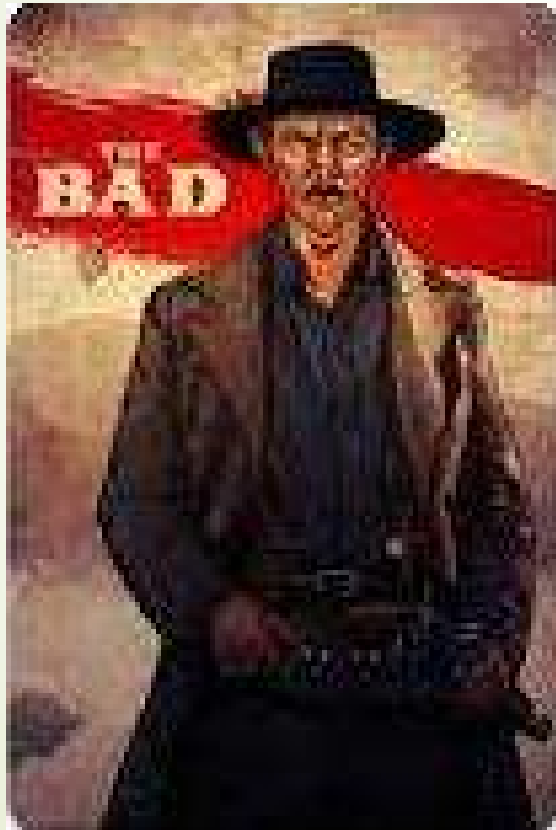
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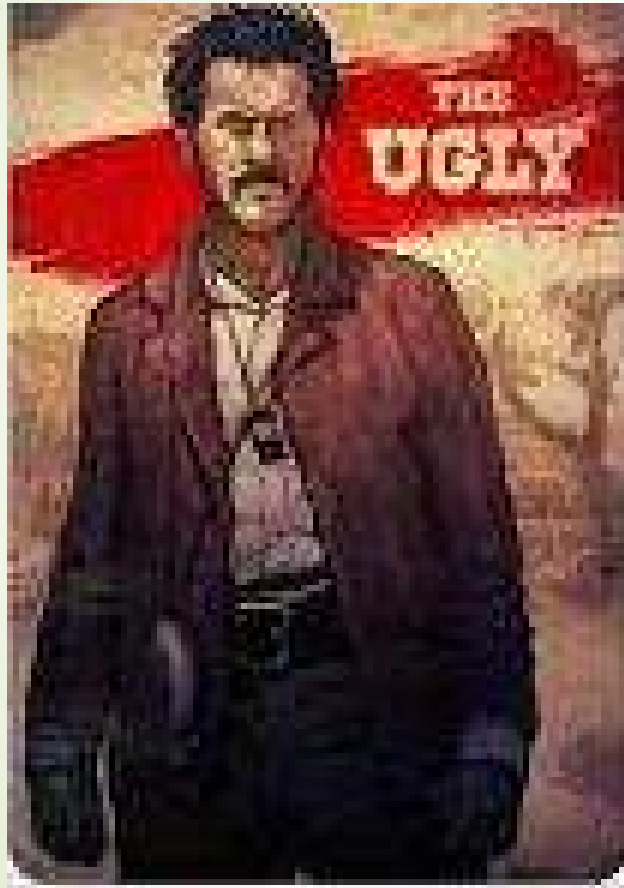
**L**evels of Care & Referral

## Astana – Things to reflect upon



- ▶ Universal health care very important – but part appears almost the PHC subdued within UHC
- ▶ Comprehensive PHC understanding and HP nearly did not make it!
- ▶ ?Overemphasis on technology – Benefit and harm of AI, over-servicing, technology inequality gradient

## Astana – Matters of concern

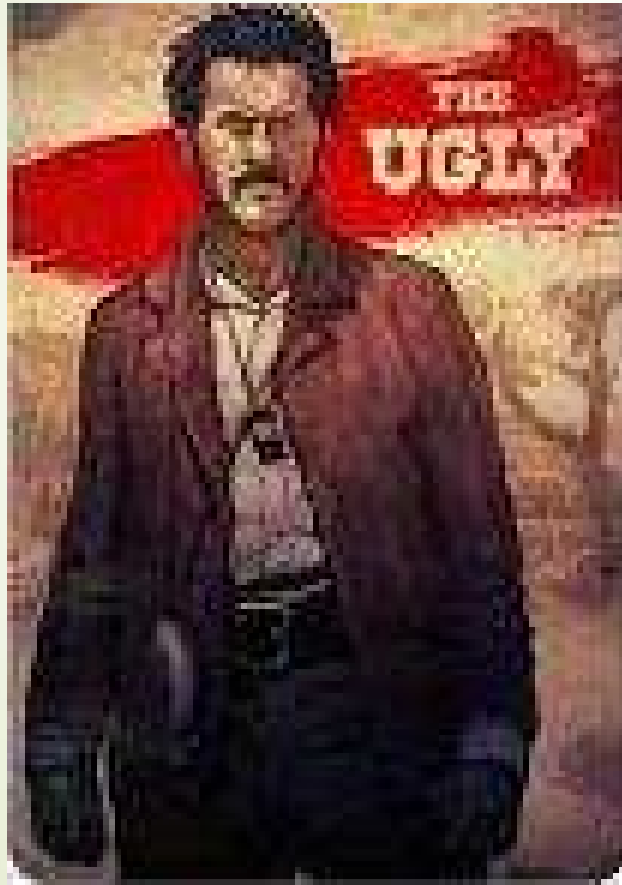


- Need for new economic order not mentioned

## Economic determinants of health

- ▶ Alma Ata – “Economic and social development, based on a **new international economic order**, is of basic importance to the fullest attainment of health for all”
- ▶ Astana - "we must save millions of people from poverty, particularly extreme poverty, caused by disproportionate out of pocket spending on health."
- ▶ Civil Society statement - "Equitable economic and social development, will require **rejection of the currently dominant neo-liberal paradigm** and establishment of a sustainable and equitable economic order globally and nationally"

## Astana – Matters of concern



- ▶ Need for new economic order not mentioned
- ▶ Development of Alma Ata – Open process
- ▶ Development of Astana – Closed process
- ▶ What is the role of us and WHO going forward?



### GLOBAL CONFERENCE ON PRIMARY HEALTH CARE

PHC IN SOUTH AFRICA

Teaching PHC in Action

Handoff: Technician Doctors

Join the Writer: Jan Coop

Putting search in the garden of TSEM

#### The Primary Health Care Lead Theme

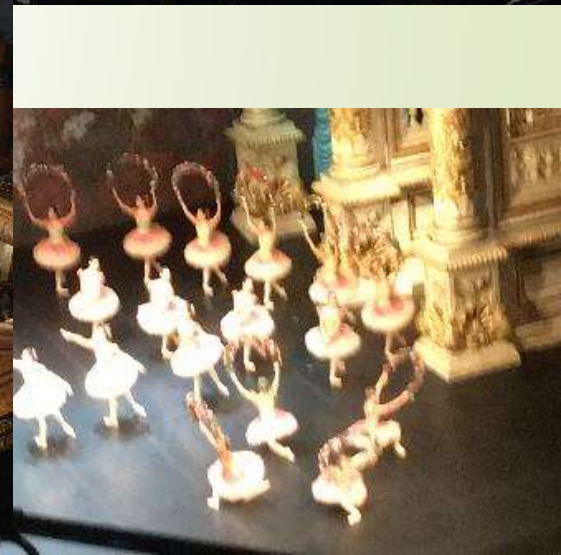
Putting principles into practice

Primary Health Care Directorate  
UCT Faculty of Health Sciences

Responsible Lead Theme

40th Anniversary of the Declaration





# Health for all

SAVE THE DATE

4th People's Health Assembly

Savar, Bangladesh

15-19 November 2018

**People's**  
*Health*  
*Assembly*





# What should young people do (also not so young)

- ▶ Educate yourself – Empower with knowledge
- ▶ Organise – groups – tackle different determinants of health – Physical, Mental, Social, Environmental, Political, Spiritual
- ▶ Mobilise, mobilise, mobilise





# Conclusion

- ▶ Alma Ata and Astana Declarations represent landmark events – Global declarations for Health For All
- ▶ Important of everyone to understand what it means and how it can be applied
- ▶ Needs everyone to come on board to work for Health for All
- ▶ Health for All is possible if we all work together



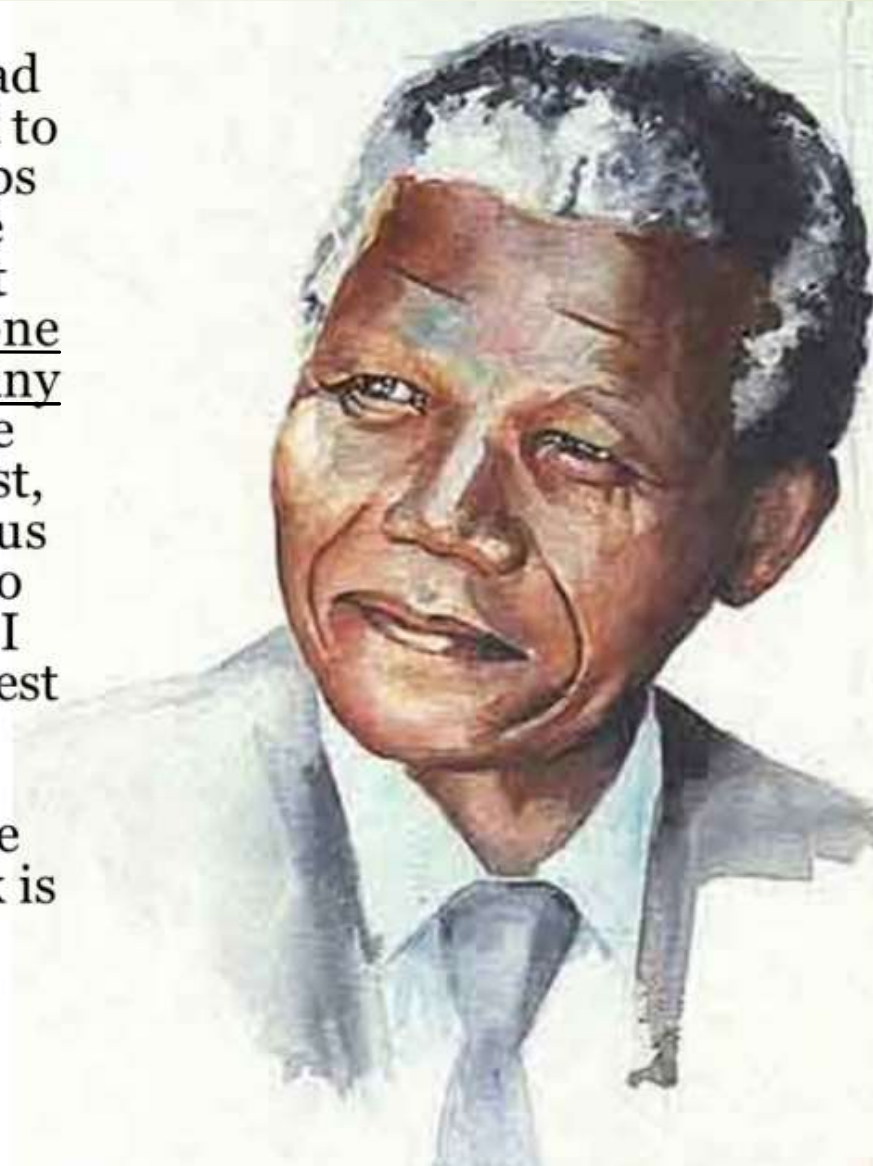
It always seems  
impossible until it's done.

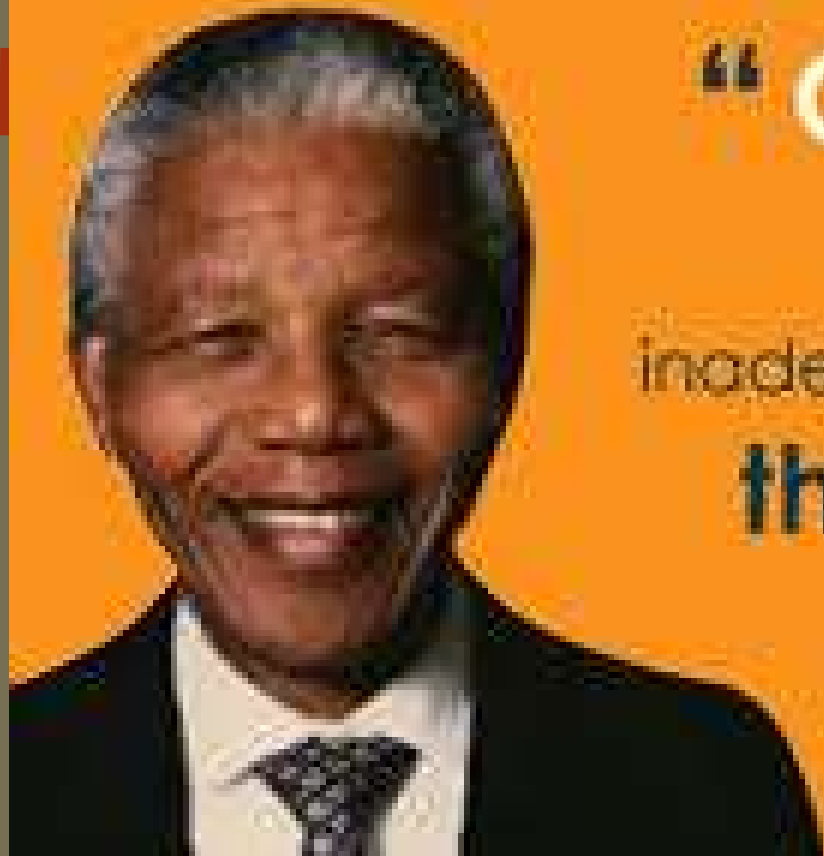
Nelson Mandela

“ quote fancy

I have walked that long road to freedom. I have tried not to falter; I have made missteps along the way. But I have discovered the secret that after climbing a great hill, one only finds that there are many more hills to climb. I have taken a moment here to rest, to steal a view of the glorious vista that surrounds me, to look back on the distance I have come. But I can only rest for a moment, for with freedom comes responsibilities, and I dare not linger, for my long walk is not ended.

**Nelson Mandela**





**“ Our deepest fear  
is not that we are  
inadequate. Our deepest fear is  
that we are powerful  
beyond measure ”**

Nelson Mandela

*Aluta Continua –  
The struggle continues*

